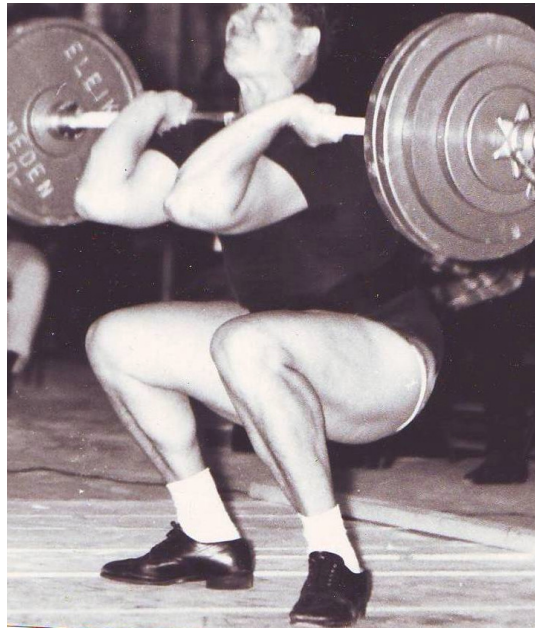
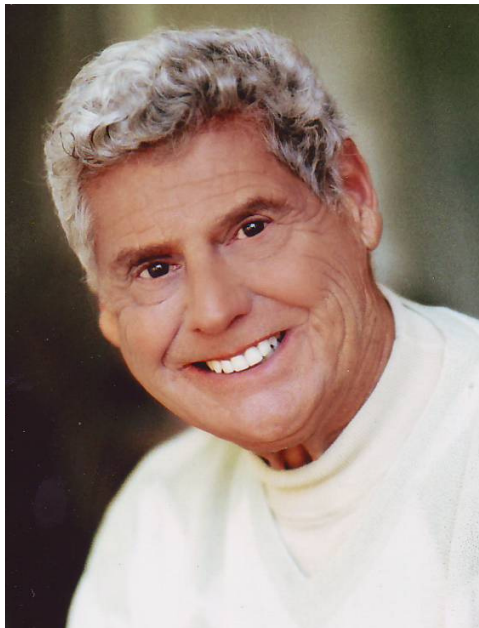
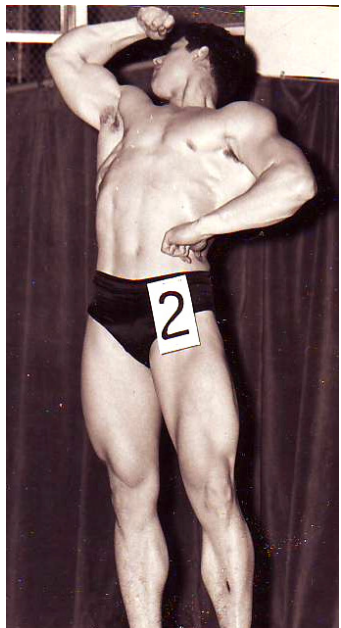


FRED SCHUTZ - HALL OF FAME NOMINEE



“Weightlifting’s Mister Nice Guy....” –Stan Gorcik, National Olympic weightlifting champion.

“A good word for everybody, a great champion.” –Bill Seno, World Champions Powerlifter and Bodybuilder.

“Always had time for everyone, as helpful as they come.” –Bob Gajda, Mr. USA, Mr. America, Mr. Universe.

OLYMPIC WEIGHTLIFTING MAJOR WINS

- WORLD MASTERS CHAMPION 1988.
- SENIOR NATIONAL AAU CHAMPION 1958.
- 8 TIME CENTRAL AAU CHAMPION 1955-65.
- 6 TIME YMCA CHAMPION 1955-63.
- 4 TIME MASTERS AAU NATIONAL CHAMPION 1976-88.
- 2 TIME AAU NORTH AMERICAN CHAMPION 1955, 57.
- YMCA NATIONAL CHAMPION 1967.
- JUNIOR AAU NATIONAL CHAMPION 1955.
- ILLINOIS WEIGHTLIFTING HALL OF FAME 2000.

BODYBUILDING MAJOR HONORS

- MR. CHICAGO 1958.
- Mr. CHICAGO PARK DISTRICT 1958.
- MR. AMERICA (5th) 1958.
- MR. MIDDLE STATES 1958.
- MASTERS MR. USA -(heavyweight) over 40 1980.
- MASTERS MR. AMERICA -(2nd tall) 1979.
- MASTERS MR. UNIVERSE -(over 70+) 2003.

OTHER ACTIVITIES

- Masters in Education –Loyola.
- Retired Chicago Public School teacher.
- US ARMY 1953 & 1954 (Mountain & Ski Training).
- General Superintendent's Quest for Quality Award 1977.
- 1985-86 NASA Teacher in Space Program.
- Lettered in College (Shot Put -Beloit Relays Champion.).
- MASTER NATIONAL PLACE WINNER Shot Put (3rd).
- NASM Certified Personal Trainer (Bob Goldman).
- MANY Radio, TV, Modeling, Movie, Theatre, Commercial roles.
- Presently in American Cancer Society commercial.

FAMILY

- Married to my beautiful Kathleen for over 29 years,
- Widowed for 21 years.
- Proud father of 3 children and 6 grandchildren.
- SON Richard was 9 time National Champion Olympic Lifter.
- Weightlifting Hall of Fame inductee.
- Member of the 1988 &1992 Olympic Weightlifting Team.
- GRANDSON Nick Junior Olympics Weightlifting Champion.

